



The Field

- U7 & U8 Soccer will be played on a 5v5 size pitch at the Creekside Soccer Complex. Smoking is forbidden at the Soccer Fields.
- Goals will be permanent structures and fields will be marked with lines and flags.
- Safety: Goals must be anchored securely to the ground. Portable goals may only be used if they satisfy this requirement.
- All spectators will be asked to sit on one side of the field approx. 1 metre from the **sidelines across the field from their Teams Bench.**

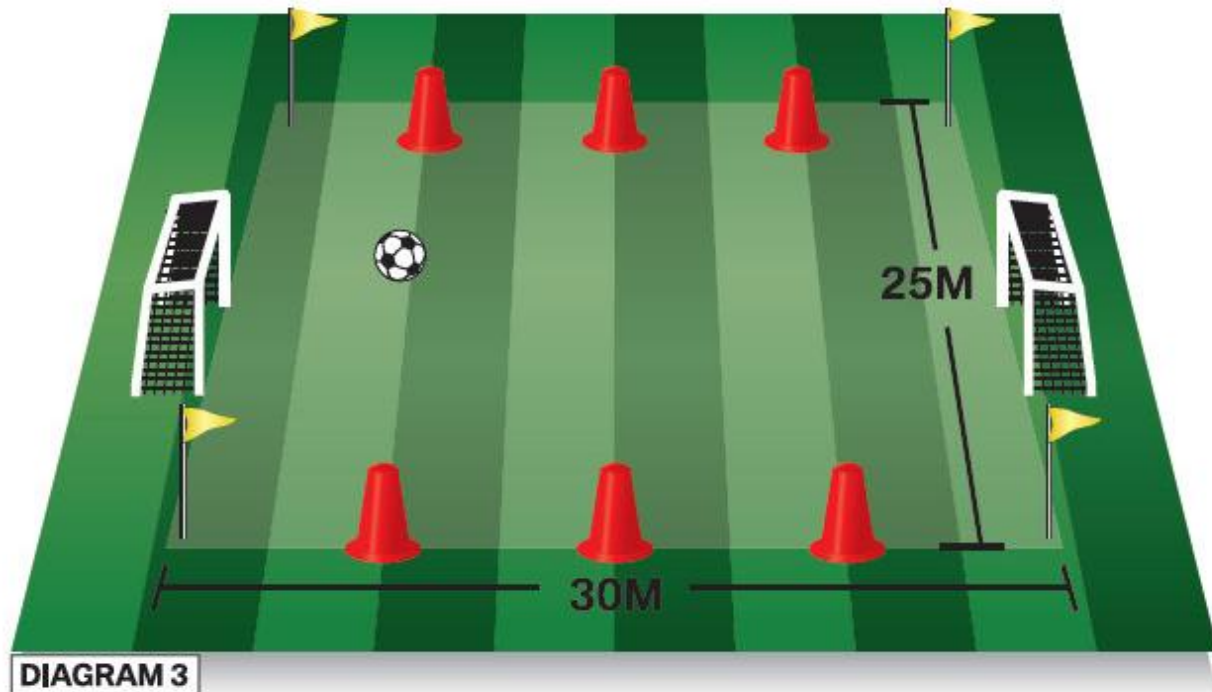


Diagram 3, above, shows an individual 5v5 field, 30m x 25m. Cones and corner flags have been used to delineate the field. Portable goals have been assembled and placed. There are no requirements for any other field markings on a 5v5 field.

Length of Game

- Games are divided into four (4) quarters of 12 minutes. Teams **will** switch ends at Half Time.
- The referee will then call for captains who will call a coin toss to determine possession preferences or side preferences.
- Teams **will** shake hands at the start of each game.
- Games will start promptly as per the scheduled time of 6:45pm.
- Parents are asked to have their children at the field at least 20min prior to warm-up with their team.
- U7 & U8 Game Days are determined by the club at the end of registration. Practices dates will be determined by the club.
- The game starts with a kickoff in the center of the field. The Team with possession must kick the ball forward over the centerline. The opposing team must stay out of the center circle until the ball is kicked.



The Ball

- The U7 & U8 Soccer program will use a Size 4 ball at all times, a size 3 ball may be used upon a decision of the Board and the Convenor.
- The home team shall supply the game ball, and the Coach will ensure that the ball is properly inflated as per the ball's specifications. A pump is supplied in the Coaches Bag at the start of the season.

Number of Players

- Each team roster has a maximum of twelve (12) registered players.
- U8 Soccer is played in a 5 v 5 format, (4 players, and one keeper)
- Spare players are asked to sit on the outside of the pitch with their coaches.
- Keepers will be identified with a Keeper Shirt or a Coloured Pinney; Keeper Gloves are not required.

Player Equipment

- Must wear the full uniform provided, with shirts tucked into their shorts, and socks pulled up to the knee over the shin pads. Soccer Shoes or Boots are strongly recommended at all times.
- NO jewelry (earrings, necklaces, bracelets, etc.), metal or plastic hair clips are allowed on the playing field. Band-aids or tape to cover earrings is not allowed.

Playing Time

- Each player must receive equal playing time.
- No player/s shall be left on for the entire game (if you are short of players please share with your opposing team or call up from a younger age group.
- Substitutions: At any stoppage and unlimited.
- Any Call-ups must be approved by the Board, and can only be used by teams in the U6 division.

Method of Scoring

- Goals are scored when the whole of the ball passes over the goal line, between the goalposts and under the crossbar, provided it has not been handled.
- U7 & U8 Soccer has no score keeping or standings. The focus should always be about development.

Rules of the Game

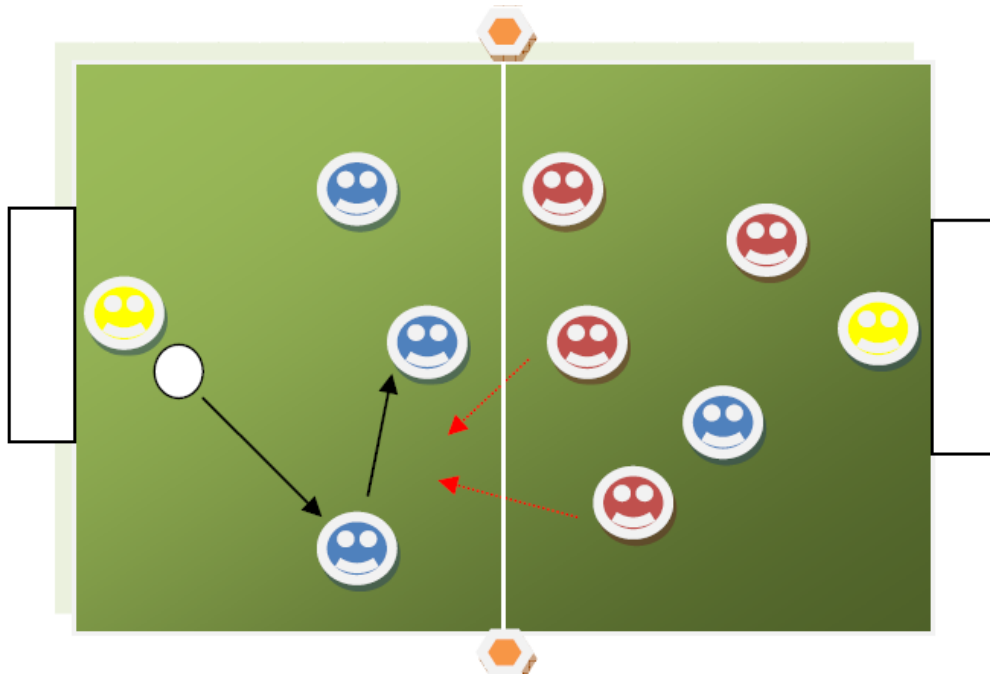
- The U7 & U8 Program uses a modified and a more simplified set of FIFA rules.
- A certified Level #1 Official shall be used throughout the match. If no Official shows up the Coaches from both teams will each officiate one half of the game while on the pitch. No linesman or assistant referee's will be used.
- The Start and Restart of Play: Conform to FIFA, with the exception of the opponents of the team taking the kick-off are at least four (4) yards (outside the circle) from the ball until it is in play.
- The Ball In and Out of Play: Kick-ins when the ball passes over the side lines.
- No Offsides will be called.
- Fouls and Misconduct: Conform to FIFA with the exception that all fouls shall result in a direct free kick. The referee/coach must explain ALL infringements to the offending player. No cards shown for misconduct.
- Free Kicks: Conform to FIFA with the exceptions that all free kicks are direct and opponents are at least four (4) yards from the ball until it is in play.
- There will be penalty kicks.
- The Goal Kick: The goal kick should be taken within 2-3 yards of the goal line anywhere across the width of the field of play at the nearest point from where the ball was retrieved. Opposing players must retreat to their side of the pitch until it is in play.
- The Corner Kick: Conform to FIFA with the exception that opponents remain at least four (4) yards from the ball until it is in play.



Retreat Line

- To allow our young players to learn and gain confidence in how to play the ball out from the back and build an attack, as opposed to the goalkeeper/last player kicking it aimlessly up the field, the concept of the retreat line has been introduced in mini soccer. To see young players aimlessly boot the ball up the field in the “hope” that one of his or her teammates gets the ball is not effective in producing skilled, confident players who love to play.
- What would happen is as follows. When the goalkeeper has the ball at a goal kick or after making a save, the opposing team members would "retreat" to a predetermined area of the field.
- Once all the opposing players have retreated to the line, the goalkeeper can successfully throw or pass the ball to one of his/her teammates.
- Once the teammate has received the ball, the opposing players can then start to apply pressure to the player with the ball. This gives the player on the ball the time and space required to have a look, receive the ball and choose to dribble or pass to a teammate without being marked or to be under immediate pressure.
- In the 5v5 game, the retreat line will be the ½-way line. Some fields may not have a ½ way line, corner flags at the side of the field can act as an indicator to the players where the ½-way line is. If flags are not available, two cones laid in line on each side of the field can indicate the retreat line. Note: Do not put cones on the field as players may trip or slide on them.

Retreat line example - 5v5 Red team has retreated allowing blue to pass the ball from the GK to a blue teammate and build an attack.



The U7 & U8 Soccer Program emphasizes participation, friendship, effort, co-operation, and enjoyment for all.